

Questions & Answers:

Q: Is the camp pure gymnastics?

A: Depending on the amount of time your child is enrolled for (9:00am-1:00pm, 3:00pm or 4:00pm) that many hours of gymnastics would be too physically demanding on a child. We do however, along with various camp activities incorporate approximately 150 minutes of gymnastics instruction into each day of camp. That amount of time does not include the open gym time they will also get.

Q: So what do the kids do in camp?

A: Each camp is a little different. Along with the gymnastics time, they will participate in crafts and games involving physical activities (e.g. tramp time, pit activities, tug of war, relay race, etc)

Q: What do the kids need to wear?

A: Comfortable clothing for kids to run around in, preferably tight fitting, athletic type clothing. The kids will need to take off their shoes & socks when they go inside the gym so come with shoes easy to take off.

Q: What do the kids need to bring to camp?

A: All kids need to have their lunch and water bottles. We do have vending machines with snacks & drinks for purchase at the gym. However, they do need to come with a lunch. Also, if your child is staying until 3 or 4 pm we suggest they bring a pillow to relax with during the movie time.

Q: What do I need to do sign my child up for camp?

A: Each child needs a signed waiver by parent or legal guardian to be able to participate. You can find the waiver on the front page of our website gymcats.com and waivers are also available at our front desk. Children are guaranteed a spot for camp as long as payment has been provided when enrolling. Enrolling the day before saves money. We do allow walk ins the day of but the rate is more.

Q: What if I need to cancel?

A: If cancelling the day of a \$5 fee will be incurred. If cancelling 24 hours in advance, a full refund will be credited will be to your Gymcats account.